

The challenge of a lifetime...  
...for the charity of your choice

# Lapland

## The Husky Trail

# Sled



**A fantastic journey through the Arctic wilderness...**



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# Drive your own team of spirited Huskies 250km across the frozen wilderness of the Arctic...



## Your sledding challenge...

...is to spend six days driving your sled through rolling highlands and deep forest, into the heart of Lapland on an experience you will never forget. Sledding from northern Norway crossing the Swedish border, you will journey through wild and untouched nature, and then finally arrive at the world famous Ice Hotel in Jukkasjärvi.

Let's go mushing!

## Your itinerary...

### Day 1 Arrive Tromso

We depart the UK for our flight to Tromso, Norway. Upon arrival, we meet with our local guides and then transfer to the Dog Sled Centre, where we will meet lots of spirited Huskies - our companions for the next 6 days. After a briefing, we learn how to erect our tents and how our stoves work for cooking when on trail. Following an evening meal at the Dog Sled Centre, we get our heads down and spend the night in a traditional Lavvo, with a roaring fire in the middle to keep us warm and reindeer skins underneath us for comfort!

### Day 2

Following breakfast at the Dog Sled Centre, we transfer to the mountains for the beginning of our expedition. Patience is needed whilst our guides organise the gear, sleds and Huskies as this can take quite some time. After a briefing on how to brake and steer our sleds, we're off! Today is considered one of the toughest days as we have mountains to push our sleds up as the dogs cannot pull alone. Upon arrival in camp, we erect our tents, tend to our dogs, make our dinner and get our heads down for our first night in the Arctic!

**Distance sledded – 30km.**

### Day 3

Following breakfast at camp and after harnessing our dogs, we set off for a VERY exciting day. We push on up into the hills again and then drive our sleds across and down into the Isdalen (Ice Valley) – the views of the valley are breathtaking. Today will certainly keep our adrenalin flowing as there are some steep descents in the Ice Valley – try your best to keep your balance! Upon arrival in camp, we erect our tents and tend to our dogs.

**Distance sledded – 60km.**

### Day 4

Following the morning duties of making breakfast, harnessing our dogs and breaking camp, we push on with our dog sled challenge. Today we cross the border from Norway and mush ourselves into Sweden – home of the Sami people. We may even see the occasional deer! It is a long push to our next camp, which is locally known as the Fish Camp – here we witness our first glimpse of human life for nearly three days!

**Distance sledded – 50km.**





### Day 5

After breaking camp we set off for yet another very exciting day. We descend from the mountains into the tree line and continue through the forests of Sweden. Today we mostly follow snow mobile tracks, which are challenging and bumpy, but guarantee so much fun as they twist and turn through the forest. Upon arrival in camp, we feed our dogs, erect our tents, then feed ourselves – by now we should all be feeling like professional Dog Musers!

**Distance sledged – 50km.**

### Day 6

Once we have broken camp and prepared for the day, we continue with our adventure! Today is a shorter day in order for us to recharge our batteries for tomorrow's celebratory meal, but it doesn't mean it is any easier! Today will test our stamina as we cross the frozen lakes of Sweden, heading closer and closer to our finish at the Ice Hotel. This is a long, straight and very cold trail!

**Distance sledged – 40km.**

### Day 7

After feeding our trusted companions breakfast for the last time, we push on with our last day's sledging. We continue across the frozen lakes and one last drive takes us to the Ice Hotel in Jukkasjärvi, where we then say goodbye to our faithful team of Huskies. After a celebratory drink in the hotel and a good look around its awesome rooms and sculptures, we then transfer back to Tromso to our hotel. There's time for a quick shower and change, then we head to Tromso town to celebrate our achievements.

**Distance sledged – 20km.**

### Day 8

#### Depart Tromso

Following breakfast at our hotel, we transfer to the airport and wave goodbye to our guides. We board our flight and return to the UK.

*(please note this is a complex itinerary and due to the unpredictability of extreme weather and environment conditions, the route and itinerary are subject to change without notice.)*



# Your questions answered...

## Is this trip for me?

ABSOLUTELY! This event is suitable for people of all ages (minimum 17 years old). The one thing everyone will have in common is a great sense of adventure and the desire to help their favourite charity. Most people will sign up as individuals meaning you will all be in the same situation!

## How fit do I need to be?

This event has been designed to be challenging, but achievable by anyone as long as you train beforehand. Remember, you are going to be on your feet for the majority of the day, as well as taking care of campsite duties – the fitter you are the more you will enjoy this challenge. Dog sledding can be arduous so a good cardio-vascular fitness is recommended. Why not join one of our challenge training weekends - it's a great opportunity for you to meet our team and fellow participants!

## Where will we stay?

Upon arrival in Tromsø, we will stay in Lavvo's at the Dog Sled Centre – mixed accommodation. The Lavvo's will have a roaring fire to keep us warm and we will sleep on natural reindeer skins to keep us extra comfy. Whilst on trail, we will be staying in tents which are provided – all participants are expected to erect their own tents and cook for themselves using the stoves and equipment provided.

## Do I need specialist kit?

We will supply you with a kit list of what to take once you register for the challenge. As you can appreciate, the kit required for this expedition needs to be quite comprehensive due to the environment, therefore you will be provided with much of the required kit including a thermal, all-in-one suit, a pair of snow boots and a sleeping bag suitable for temperatures down to -25°C. Further details will be sent when you register for the challenge. If you do have any queries regarding the kit needed for this challenge, please don't hesitate to contact our team on 01244 676454.

## Do I have to carry my own luggage?

No. Your kit whilst on trail will be kept in your sled and any other items can be left at the Dog Sled Centre ready for your return to Tromsø. You will need to bring a waterproof bag to take items on trail with you.

## Food matters...

Due to the extreme conditions of the Arctic, all food is cooked using boiled water. Each tent (two musher's per tent) will be issued with a food box for the expedition – this will contain items for breakfast, lunch and dinner. Dinners are typically boil-in-the-bag foods which are tasty and very nutritional. You and your tenting partner will be required to cook for yourselves upon arrival at each camp. We cater for all dietary requirements so long as we know in advance – just fill in the appropriate section on your registration form enclosed.

## What's included?

Return flights from London to Tromsø, all transfers, all accommodation, all meals on trail, professional English speaking dog sledding guides throughout expedition, tents and essential kit items (snow boots, thermal suit, sleeping bag, etc.), Global Adventure Challenges leader from the UK, comprehensive first aid kit.

## What's not included?

Personal airport taxes and fuel surcharge – these are approximately £100 and payable 6 weeks prior to departure, personal travel insurance – it is strongly advised that this is taken out through Global Adventure Challenges, celebratory meal on day 7, gratuities, alcoholic drinks and your personal kit (warm clothes, etc).

## Can I stay in Norway after the challenge?

All extensions are strictly limited, subject to availability and are given on a first come first served basis. Those wanting to request an extension should contact Global Adventure Challenges at [enquiries@globaladventurechallenges.com](mailto:enquiries@globaladventurechallenges.com) as soon as possible. There is a £60 + VAT charge for having your return airline ticket extended. Please note, the final decision always rests with the airline.

## What sort of back-up is there?

There will be a strong support team with a professional Global Adventure Challenges leader from the UK, as well as local dog sledding guides. Full, comprehensive first aid kits will be taken and satellite telephones will be used to ensure your safety and security at all times.

## What happens if I get tired?

There will be regular rest stops for drinks and snacks. A guide will be bringing up the rear of the group ensuring no-one is left behind – remember though, this is not a race!

## How do I go about raising the sponsorship?

Once you have signed up you will receive a fundraising pack from your charity in order to make your fundraising as easy as possible. You will also receive a few tips and ideas from Global Adventure Challenges to help you on your way.

## I'm interested... what do I do now?

Places are limited and go on a first come, first served basis, so try to register as soon as you can! You will need to fill in the enclosed registration form and medical questionnaire and post it back to Global Adventure Challenges along with the registration fee, or register online at [www.globaladventurechallenges.com](http://www.globaladventurechallenges.com) – all payment options and costs are explained on the enclosed information sheet. Once your registration is received, Global Adventure Challenges will write to you sending you further information on what to expect from this awesome adventure! Your charity will also be in touch with you to discuss your fundraising.

## Have you got what it takes to ride The Husky Trail?

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