

The challenge of a lifetime,  
for the charity of your choice...

# Cycle Grand Canyon to Las Vegas

The ultimate cycling  
adventure!



01244 676 454

[globaladventurechallenges.com](http://globaladventurechallenges.com)

# Key Information

Duration: 9 days

Cycling Distance: Approx. 511km

Challenge Grade: Tough ②

Location: USA

# Challenge Highlights

- Cycle along the famous Route 66
- Discover the stunning scenery of The Painted Desert
- Witness a breath-taking sunrise over the majestic Grand Canyon
- Visit one of the greatest engineering works in history – Hoover Dam
- Cycle triumphantly into Las Vegas and celebrate your achievements on the famous Las Vegas strip

## The Challenge

This cycle ride starts at the ancestral lands of the Native American Navajo Nation in the iconic Grand Canyon – one of the Seven Natural Wonders of the World. Cycling through high desert, forested plateaus, canyon rims, historic towns, and unforgettable landmarks we will ride along parts of the famous Route 66 highway, finishing our amazing challenge in the spectacular city of Las Vegas. This incredible challenge allows us to immerse ourselves in the Wild West frontier and dive deep into its past culture to discover the beauty and grandeur the southwestern US is famous for, as well as experiencing the glitz and glamour of the famous Las Vegas strip.

### Day 1

We depart the UK for our flight to Phoenix. Upon arrival, we are met by our local guides and transfer to our Hotel in Cameron, Arizona for dinner and event briefing.

### Day 2

#### Cameron to Grand Canyon

Starting in Cameron, our first day of cycling will take place on the ancestral lands of the Navajo Nation's Painted Desert. The Painted Desert is a natural canvas home to many memorable formations and features in a stunning array of colours.

We will pass the Little Colorado River gorge and it's Desert View Watchtower, one of the most prominent architectural structures on the South Rim of Grand Canyon National Park that allows magnificent views of the Canyon and Painted Desert. For the remainder of the day we will parallel stunning overlooks until we reach our lodge at the Grand Canyon Village.

**Cycling distance – approx. 90km**

### Day 3

#### Grand Canyon to Williams

Today we will wake up to breath-taking views of the sunrise over the Grand Canyon. After breakfast we cycle through the remote West Rim Road, closed to traffic except park shuttles. The peaceful West Rim is the quietest and most untouched region of the Grand Canyon, showcasing its natural beauty – a great opportunity for photo-stops!

We will then wave farewell to the Grand Canyon and ride towards Williams, a lively town on the iconic Route 66. Considered an outdoor paradise, Williams has managed to preserve its character and history with its authentic Western setting and friendly atmosphere.

**Cycling distance – approx. 100km**

### Day 4

#### Seligman to Kingman

After a short transfer to our start destination, Seligman, we will continue cycling on the incredible Route 66 highway. Much of our route is very quiet, allowing us to take in our amazing surroundings of rolling grasslands and classic Western landscape and scenery until we reach Kingman.

Kingman, one of the hidden treasures of Arizona, is often considered to be the heart of historic Route 66. Founded in 1882, Kingman is one of Arizona's first towns, and to this day has still retained its Old West charm and character.

**Cycling distance – approx. 140km**



## Explore South-West USA by bike, from the natural wonder of the historic Grand Canyon to the bright lights of Las Vegas!

### Day 5

#### Kingman to Hoover Dam

After breakfast we will depart Kingman, cycling through beautiful landscapes and old Western towns, stopping for a relaxing lunch at Rosie's Biker Bar.

After lunch we get the chance to view the mighty Colorado River and the Hoover Dam. Considered to be one of the most phenomenal structures in modern history, the Hoover Dam is steeped in history and colossal views.

**Cycling distance – approx. 125km**

### Day 6

#### Hoover Dam to Las Vegas

This morning we will wake up to a stunning view of Lake Mead shining in the morning light. A much shorter day today, we will cycle along a beautiful shoreline road as we head towards our final destination of the challenge – 'fabulous' Las Vegas!

We team up for a triumphant finish on the famous Las Vegas strip. In the evening we'll celebrate in style with a celebratory dinner and a night on the town for those who are not too tired to party!

**Cycling distance – approx. 56km**

### Day 7

#### Free Day in Las Vegas

Today we have the chance to explore Las Vegas – the entertainment capital of the world. Famous for its bright lights, buzzing energy and endless entertainment, this is the perfect place to let loose and have fun after our amazing challenge.

### Day 8

#### Depart Las Vegas

Today we transfer to Las Vegas-McCarran Airport and board our flight home, taking with us memories that will last a lifetime!

### Day 9

Arrive UK.

(Please note this is a complex itinerary and subject to change, including the daily distances in this brochure)

# Your questions answered....

## Is this challenge for me?

ABSOLUTELY! This bike ride is suitable for people of all abilities, with the correct training! Minimum age requirement is 18 years old (or if aged between 14 and 17 you must be accompanied by a parent or guardian) Whether you're looking to take part as a solo rider or a team you will be amongst other like-minded cyclists with team spirit flying high.

## How fit do I need to be?

This cycle ride has been graded as Tough (2) on our challenge grade scale and is designed to be challenging, but achievable by anyone as long as you fitness train beforehand. Remember, you are cycling for five consecutive days across America, on hilly and varied terrain with some climbs and descents and in very hot temperatures – the fitter you are the more you will enjoy this challenge. Cycling training tips can be found on the Global Adventure Challenge website to point you in the right direction and we'll also be holding training weekends for everyone to meet and train together prior to the event.

## What is the challenge grading scheme?

All of our challenges are graded on a scale from 1 to 3 to indicate the level of difficulty. 1 being the lowest challenge grade and 3 being the most challenging. (1 = Challenging, 2 = Tough and 3 = Extreme)

## Where will we stay?

Accommodation will be lodge-based on a twin-share basis.

## Do I need specialist kit?

We will supply you with a kit list of what to take once you register to take part. Apart from some cycling shorts, a cycling helmet and maybe some cycling gloves, you do not need any specialist kit. Participants can bring their own pedals, bar-ends and any other personal cycling equipment they see fit to modify the bikes supplied, although it is not compulsory. You may wish to consider bringing a hydration backpack, although all bikes have at least one water bottle cage and some have two.

## What happens to my luggage?

All luggage will be transported each day by our support vehicles. You will only have to carry a small day pack/bum bag/bike bag while cycling, for items such as camera, sun-screen, etc.

## What will the food be like?

All meals will be provided, apart from on Day 1 and lunch and dinner on Day 7. Whilst cycling, lunch will be a packed lunch or picnic and breakfast and dinner will be in our hotels or nearby restaurants. We cater for all dietary requirements as long as we know in advance – just fill in the appropriate section on your registration form. Food will be varied and nutritious.

## What's included?

- Outbound flight from a London Airport to Phoenix Arizona and return flight from Las Vegas-McCarran Airport to a London Airport
- All accommodation - twin share
- Meals throughout the itinerary starting from breakfast on Day 2 through to dinner on Day 6, then breakfast only on Days 7 and 8
- Drinking water and snacks during cycling days
- Private air-conditioned vehicles for back up, support and transfers
- Local cycling guides
- Local hybrid bike hire with spares and cycle mechanics
- Global Adventure Challenges Leader from the UK
- Comprehensive medical kit

## What's not included?

- UK Airport Taxes and Fuel Surcharge – these are currently approximately £250 per person
- Visa/Esta for America
- Tips
- Alcoholic drinks
- Personal Travel Insurance
- All meals on Day 1, lunch and dinner on Day 7

## Can I stay in Las Vegas after the challenge?

Yes, we can offer extension packages on this challenge, but all extensions are strictly limited, subject to availability and are given on a first come first served basis. You will need to complete an extension request form, available from Global Adventure Challenges on [enquiries@globaladventurechallenges.com](mailto:enquiries@globaladventurechallenges.com). There is a minimum £60 + VAT charge for having your return airline ticket extended. Please note, the final decision always rests with the airline.

## What happens if I get tired?

There will be regular rest stops and snacks after approx. every 30 - 35km of cycling – there is no problem if you need to take more rest stops, remember this is not a race! The support vehicle with the group will ensure no-one is left behind.

## What support is there on the event?

There will be a strong support team with a professional Global Adventure Challenges Leader from the UK, as well as local guides and cycle mechanics. Comprehensive medical kits will be taken. Mobile telephones/radios will be used to ensure your safety and security at all times and an air-conditioned vehicle will follow the group providing support if needed.

## I'm worried I won't raise the minimum sponsorship for this challenge – any advice?

Once you have signed up you'll receive a fundraising pack from your chosen charity to help you with your fundraising, you'll also receive a few tips and ideas from us to help you on your way.

## I'm interested - how do I sign up?

You can register online via our website [www.globaladventurechallenges.com](http://www.globaladventurechallenges.com) or fill in the enclosed registration form and return it to our offices as soon as possible as places are limited, and allocated on a first come first served basis. You are required to pay a registration fee at the time of booking onto your challenge. All costs and payment options are explained on the enclosed sheet and on our website. Once we receive your registration we'll send you a welcome pack full of helpful details and further information on what to expect in the lead up to and on your challenge of a lifetime. Also your chosen charity will also be in contact with you to discuss your fundraising.

## Register Online Today!

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