FURTHER INFORMATION



CYCLE CALIFORNIA

Our challenge is to cycle just over 400km in 5 days from the mountains of the Golden State, to the Pacific Coast and into the spectacular San Francisco.

We kick off this road cycle challenge in the monumental Yosemite National Park, with its massive granite peaks, towering forests, roaring waterfalls and sparkling lakes – start lines don't get much better than this! Cycling over challenging mountain roads to the coast, we cut a serpentine course along the Pacific Coast Road, high above the crashing surf, with time to stop and visit golden sandy beaches and laid-back towns.

With a breathtaking finish over the Golden Gate Bridge and into one of the coolest cities on earth, we'll then get ready for a night of partying San Francisco style!

"BELIEVE YOU CAN"







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INTRODUCTION

This document will provide you with challenge and route information along with approximate timings for each day. It is hoped this will give you an insight into what to expect whilst on this awesome challenge and help you to prepare further.

Taking part in one of our challenges undoubtedly requires commitment, determination and, above all, a positive attitude from the outset. From the moment you sign up there are steps in place to ensure you have the correct level of support and help throughout the entire journey not just on the challenge itself. Each participant should approach the challenge with an open mind and prepare to be adaptable throughout. Whilst thousands of hours of work will have gone into the preparation across all of our challenges the itineraries are complex and things can often need to change on the ground, therefore they are strictly subject to change.

If you have any other questions or queries about the challenge you are about to embark upon, please do not hesitate to contact the office on 01244 676454 or email

customer.care@globaladventurechallenges.com.

FINANCIAL PROTECTION

By travelling with Global Adventure Challenges you are protected by the Civil Aviation Authority (CAA) under our ATOL licence number 6506.

When you buy an ATOL protected flight inclusive Overseas Challenge from us you will receive an ATOL Certificate. This lists what is financially protected, where you can get information on what this means for you and who to contact if things go wrong.

The CAA are the UK's specialist aviation regulator. They are a public corporation, established by Parliament in 1972.

As the Tour Operator we are responsible for your travel package. The whole philosophy of this type of challenge is one which allows for changes and a substantial degree of on-tour flexibility. The outline itinerary given later in this document is an indication of what you and the group are aiming to accomplish and not a contractual obligation on our part.



ABOUT GLOBAL ADVENTURE CHALLENGES

Global Adventure Challenges have been organising world-wide charity challenge events and adventures since the year 2000. Since we began organising challenge events we have grown and developed very steadily – we believe that our charity partners, participants and corporate organisations – basically, our customer base – are the best form of advertising. Word of mouth, they say, is the best form of marketing and we believe this also.

Our challenges have helped raise well in excess of £15 million for a wide range of charities located throughout both the UK and overseas. Over the years, we have taken tens of thousands of people on exciting challenges all over the world, helping them realise their dreams and fulfil lifetime ambitions. Our challenge events are "life-changing..." and these are the words of our participants, not ours!

We are extremely proud of the events we organise and we are here to give you a memorable lifetime experience. Without doubt our success lies in the dedicated team we have working both in the office, and out in the field.

Our passion for adventure travel and pushing your 'comfort zone', combined with extensive fundraising

event experience, are what makes us different from other operators. We believe that from the moment you enquire, you will be embarking on a journey that you will remember forever.

Travelling with Global Adventure Challenges is an enjoyable and satisfying way to show your commitment to fantastic charitable causes. Come and be part of our success! We are taking more and more individuals away on exciting challenge events every year... join them... join us!

MINIMUM NUMBERS

Each of our challenges require a minimum number of participants to enable us to run the challenge at the advertised costs.

With a group size of between 11 – 15 participants we won't send a challenge leader from the UK. Instead you would be met by one of our in-country team at the arrival airport.

For this challenge the minimum number of participants is 11.

If the group is smaller or becomes smaller than this minimum number in the run up to the challenge, we may consider the option to continue to run the challenge with less than the minimum number, however a small supplement will be applicable. In this instance we will communicate this to you no later than 11 weeks before departure.

Our average group size for this challenge is approximately 20 participants.

RESPONSIBLE TOURISM

At our overseas destinations we work with small, local ground handlers who employ local guides and we use as much local infrastructure as we can to boost the economy and income. We aim to ensure that all local guides involved with our events are given a fair wage in accordance with appropriate local standards and each of our challenges is designed using the knowledge of local experts.

We believe that we need to preserve and respect the locations in which our challenges take place in order for future generations to experience the same fantastic places as we do now. More information regarding our Responsible Tourism Policy can be found on our website.



CHALLENGE HIGHLIGHTS

- Explore Yosemite National Park.
- Road cycling adventure across California!
- Cycle across the iconic Golden Gate Bridge.
- Celebrate in San Francisco!



A FEW NOTES ON THE AREA

Yosemite National Park is located in central California, the park is dominated by the Sierra Nevada which is a tilted granite area. Established in 1890 it draws 4 million annual visitors annually. Almost 95% of this UNESCO World Heritage Site's 747,956 acres is classified as wilderness boasting hanging valleys, plunging waterfalls, granite domes, ancient sequoia trees and hundreds of wildlife species. The park represents all different environments found within the Sierra Nevada. There is exceptional topography over most of the area especially the spectacular Yosemite Valley so don't forget your camera! And no sharing your lunch with the local bears!

San Francisco is located in northern California with the iconic Golden Gate Bridge spanning 1.7 miles across the Golden Gate Strait leading to this trendsetting ultra-modern city. Now filled with culture and architecture, the California gold rush of 1849 brought rapid growth to the city along with a solid infrastructure. Suffering two earthquakes and a fire which destroyed most of the city, San Francisco has rebuilt itself to be the thriving metropolis it is today with its skyscrapers towering over the city. San Francisco has picture postcard views if you can see through the fog! A city where anything goes!

Fact File - California

- Area Covered: 158,706 sq. miles
- Nickname: The Golden State
- Population: 37,679,000
- Religion: Catholicism is predominant
- Language: English
- Time difference to GMT: -7 hours

CURRENCY

The local currency is the US Dollar (US\$) which can easily be bought in the UK. The current exchange rate is approximately US\$1.25 to the £1.

We recommend you take your debit/credit card (excluding Switch or Solo) as ATMs are available, however it is best to take some cash in dollars.



TEMPERATURE CHART

Yosemite

Month	Average Max Temp °C	Average Min Temp °C	
June	27	11	
September	28	11	
October	22	6	

San Francisco

Month	Average Max Temp °C	Average Min Temp °C	
June	19	12	
September	21	13	
October	21	12	

SNAKES & BUGS

There are a few snakes, scorpions and spiders that inhabit the area, including rattlesnakes, however it is unlikely that you will encounter any of them, especially if you follow a few simple rules:

- Never put your hands or feet anywhere you cannot see.
- Shake out all clothes and shoes before reaching into them.
- Never go barefooted.
- Use a torch at night so you can see where you are walking.

Your local guides will inform you of any other precautions that may be necessary.

As with most wildlife they would rather avoid an encounter with you as much as you would with them!









HEALTH & VACCINATIONS

As part of the registration process we require you to complete a medical questionnaire in full. Your answers will be treated in the strictest confidence in accordance with the Data Protection Act and our policy is to encourage and support as many people as possible to take part in our challenges. We request medical information from you in an endeavour to minimise risk to all participants, and for that reason <u>we ask that you disclose all your</u> <u>medical history</u>. Depending on the answers given you may need to get your Doctor to sign and stamp your medical declaration. If you are 70 years of age or over at time of travel you must be authorised by your Doctor regardless of the answers given.

It is strongly recommended that you consult a medical professional to ensure your vaccinations are all up to date. You must discuss your own particular needs and contra-indications to vaccines or tablets with them.

The following information is only given as a guideline – always seek professional advice:

• Confirm that primary courses and boosters as recommended for life in Britain are up to date.

If you take prescription medication please make sure they are in the original packaging with a label showing your name, alternatively take a copy of the prescription with you or a letter from your doctor confirming you have been prescribed this medication.

Wash your hands wherever possible to avoid stomach upsets. We highly recommend that you bring a couple of small bottles of antibacterial dry wash, this is especially important when washing facilities aren't available.

We also recommend you use a high factor sunscreen and re-apply regularly.

SAFETY & SECURITY

To ensure the safety and security of your group all guides will be in radio/phone contact with each other.

You should always be vigilant when staying in an unfamiliar environment and it is sensible to look after your personal possessions as you would do at home:

- Keep handbags closed and wallets in zipped pockets.
- Don't leave valuable equipment such as cameras and mobile phones unattended on tables etc.
- Don't wear expensive jewellery/watches or carry large amounts of cash.

- Use hotel safes and lock boxes where available for passports, tickets and other valuables when leaving your accommodation for the evening.
- Our recommendation is to leave valuables at home. If you don't need it, don't bring it!

Credit card for emergencies – in the unlikely event you have to curtail your challenge, it is expected that you will have to cover any additional costs such as extra accommodation, transfers etc. Often these additional costs incurred can be claimed back through your travel insurance on your return to the UK.







PASSPORT & VISA

Passports should have a validity of at least 6 months after your return. Please ensure that your passport is in good condition as you may be refused entry onto the plane if it is damaged in any way.

British travellers to the US using the Visa Waiver Programme (VWP), which allows most British Citizen passport holders to visit for up to 90 days without a Visa, must get an authorisation via the Electronic System for Travel Authorisation (ESTA) prior to their journey.

It is YOUR responsibility to obtain this. Visitors should register through the ESTA website at https://esta.cbp.dhs.gov/ and are advised to do so at least 72 hours prior to travel. If you do not have an ESTA you will be refused travel to the USA. The US Customs and Border Protection Department currently charge US\$14 per application for an ESTA (but this is subject to change).

TRAVEL INSURANCE

We strongly recommend you take out comprehensive travel insurance at the earliest opportunity. A comprehensive travel insurance policy is available through Global Adventure Challenges and details of how to apply are given in your welcome pack.

If you are opting to use your own personal travel insurance then details of your policy should be sent to us. Please be aware that we will not vet or check your own personal travel insurance policy details. Therefore you and you alone are responsible for ensuring that you have adequate personal travel insurance with protection for the full duration of the challenge in respect of at least medical expenses, injury, death, repatriation, cancellation and curtailment. You should also make sure there are no exclusion clauses limiting protection for the type of activities included in the challenge.











FLIGHTS

Flights normally depart the UK from mid-morning and arrive back into the UK early to late afternoon. Your flights will normally have a combined total of approximately 10 to 12 hours flying time on both the outbound and inbound legs, including any stopovers and can often include two separate flights on each leg. So you need to prepare yourself for long journeys at the start and end of the challenge.

Your exact flight details will be confirmed to you in the lead up to your challenge. Flight bookings will normally be made on a group fare basis and will be in economy class. If you would like us to look into upgrading you to a different class please contact <u>customer.care@globaladventurechallenges.com</u> or call us on 01244 676454.

You are responsible for checking in at the correct time and for presenting yourself to take up all prebooked components of your Challenge.

Unfortunately, we have no control over cancellations and delays, which are subject to operational decisions by carriers, airlines and/or traffic control authorities.

Where it is not possible to ensure your timely return to the departure point due to unavoidable and extraordinary circumstances, we will bear the cost of any necessary accommodation for a period not exceeding 3 nights.

LUGGAGE & KIT

You will need a large holdall or suitcase for your main piece of luggage which will be transported between our accommodations on each day.

We recommend that your main piece of luggage weighs no more than 20kgs irrespective of whether the airline has a higher baggage allowance. Please remember our ground crew, porters and in some cases animals, will be transporting your luggage whilst you are on the challenge and so with their health and safety in mind, it is advisable not to pack any heavier.

You will also need a small backpack/camelbak to carry any essentials with you during the day i.e. sunscreen, tissues, camera, small personal first aid kit etc.

EXTENDING YOUR STAY

If you would like to take the opportunity to extend your stay, it might be possible for us to arrange an extension for you with the airline so you can spend some extra time immersing yourself in the culture and beautiful landscape on offer.

If you are interested, please contact the Customer Care team to request an extension form at customer.care@globaladventurechallenges.com or by calling us on 01244 676454. We recommend you do this as soon as possible as all extensions are strictly limited, subject to availability, given on a first come, first served basis and the final decision always rests with the airline. Your request will be placed on a list in order of receipt and we will contact you at the earliest opportunity before the date of travel to confirm whether the extension has been granted. Therefore please do not make any plans for your requested extended period until you have heard back from us.

There is a minimum £60 + VAT charge to have your return airline ticket extended.

Through our in-country ground handler it may also be possible for us to create bespoke/tailor-made extension packages to suit your needs.





ACCOMMODATION

Accommodation will be a mixture of hotels/lodges and campsites. Hotels/lodges will be twin share with en suite washing facilities. When camping it will be two people to a tent. Please note that due to the remote location the facilities at the camps can be different and more basic than those you are used to in the UK. However, all tents, mattresses/sleeping mats and kitchen/cooking facilities are provided.

We submit our rooming lists for your challenge at 8 weeks before challenge departure. Please make sure you have informed us of anybody you would like to share with along with your relationship to them before this time as we are unable to amend the rooming lists once submitted. If you are a solo participant we will partner you with another participant of the same sex, and where possible, of a similar age.

Please contact the Customer Care team at <u>customer.care@globaladventurechallenges.com</u> if you wish to enquire about a single supplement.

TOILET & WASHING FACILITIES

Toilets will be available at our accommodation but it will sometimes be necessary to use 'the great outdoors'. Please ensure you carry your own tissues and 'nappy sack' type bags for disposing of them (also useful for dirty socks, rubbish, etc!).

Remember to wash your hands wherever possible to avoid getting stomach upsets. A small bottle of antibacterial hand gel is a must.



TELEPHONE & WI-FI

Due to the type of terrain in the areas we cycle through, mobile phone signals can be patchy and shouldn't be relied upon.

Wi-Fi – may also be limited along the route but more information can be found on Wi-Fi availability at the hotels and camps we stop at in the Accommodation Information Document.

There will be the opportunity to charge electrical items when we stay at hotels/lodges in the evening so make sure you bring the appropriate travel adapter for the USA.



OTHER COSTS THAT YOU NEED TO BUDGET FOR

Below are some approximate costs for other expenditure you may incur for the challenge:

Item	Approx. cost
Kit and clothing	Please see kit list
ESTA	US\$14 – this is subject
	to change
Travel insurance	£63
Spending money	£200 - £250
Hotels the night before	£60 - £100 per night
your departure and/or	
the night of your arrival	
back into the UK	
Airport car parking	£75 - £150
Travel to and from the	The cost depends on
UK departure airport	how far you need to
3 and an and a second	travel and type of
	transportation you are
	taking – flights and
	trains are quicker but
	also more expensive
	than going by coach

Average costs - Costs vary greatly from town to town, however a rough average for the price of a beer or coffee would be US\$3.50.

As all meals from breakfast on Day 2 through to Breakfast on day 8 are included, you will only need enough money for drinks in the evenings, a couple of additional meals and souvenirs (don't forget you have an evening in San Francisco!). How much spending money you will need usually depends on how many presents you wish to bring home!

TIPPING

Tipping waiters etc. is ALWAYS expected generally at a rate of 20% of your bill when privately eating/drinking in restaurants/bars. Your local guides will tell you if tips have been included at the restaurants we eat in as a group.

Tipping your crew is appropriate, customary and always appreciated. Your guides work in teams and evenly split all gratuities they receive. Your gratuity should reflect the quality of service you received and anything special your team did to enhance your trip. We recommend around US\$40 from each participant, but this does depend on your budget and what you feel is appropriate.







DIFFICULTY & TERRAIN

Our challenges are graded from 1 (Challenging) to 3 (Extreme). This challenge is graded at 2 (Tough).

You will be cycling for 5 consecutive days covering a total of approx. 400km.

The rides will involve some long days in the saddle, the terrain will be mountainous with some long ascents and descents on tarmac roads.

We would strongly recommend you increase your training preparation for this challenge.

Our policy is to encourage and support as many people as possible to take part in our challenges. But they may not be suitable for all people due to restriction posed by limitation in mobility, physical or cognitive disability, pregnancy or other various medical conditions. GAC reserves the right to refuse a booking if we feel unable to accommodate the particular needs of the person(s) concerned. If you have any doubts regarding your suitability for your challenge please contact our office immediately to speak to one of the team.

CHALLENGE GRADING

Each of our challenge events are designed to be achievable by most individuals, providing you are prepared to put the effort into training. You do not need to be a professional athlete or 'super fit', however, the fitter you are the more you will enjoy the challenge!

Please keep in mind that these guidelines are to give an insight into the difficulty level associated with the challenge. You may find that an event rated 'Challenging', could have a 'Tough' day, or we may find that a 'Tough' challenge, may have a 'Challenging' day.

TOUGH

A 'Tough' cycle features more demanding activities and the days are generally longer and harder than a challenge graded as 'challenging'!

It may also be classed as 'Tough' due to the weather conditions. The weather can be more unpredictable on these challenges, and the temperature can be very cold, very hot or anywhere in between!

TRAINING TIPS

Training is a critical component in the preparation for your challenge. Good cardiovascular fitness is essential and it is important that you are fit enough to complete this challenge, therefore prior fitness preparation is a MUST!

Training tips can be found on our website and in your welcome pack to point you in the right direction. We also offer training days and weekends to help you prepare.

As mentioned previously this challenge has been graded as 'Tough' and we strongly recommend training for this challenge.

Our training tips include:

- We recommend that you train as much as possible for hills. If you haven't experienced a sore bum or aching hands then we think you probably haven't trained for long enough!
- Try to go training on consecutive days instead of doing one big day. This will help your muscles get used to the strains of cycling over consecutive days.
- Work on improving your stamina.





SUPPORT ON YOUR CHALLENGE

There will be a strong support team with a professional Global Adventure Challenges leader from the UK*, along with knowledgeable and experienced local professional guides and bike mechanics.

An air-conditioned vehicle/coach will also provide support to the group.

There will be a comprehensive first aid kit carried with the group at all times. All Challenge leaders are a minimum of 16 hour outdoor first aid qualified. Our in-country ground crew are also wilderness first aid trained.

Medical care in the US is of a high standard, however it is likely that you will have to pay for any medical treatment.

*Dependent on group size - please see page 3.

FOOD, WATER & REFRESHMENT STOPS

Detailed information about the meals provided on the challenge can be found in the Accommodation Information Document. All dietary requirements can be catered for as long as we know in advance. Plenty of food and snacks will be available to you at all times during the trip.

A sample menu:

Breakfast - pancakes, bacon, eggs and hash browns, cereal and fruit. All breakfasts will include coffee, tea and juice.

Lunch – will be a mixture of making your own lunches from a selection of meats, cheeses, fruit, salad and condiments or stopping at roadside grills and cafes.

Dinner - meat and/or fish, vegetables, potatoes, pasta

Dessert - brownies and cookies. There will also be fruit for snacks.

It is safe to drink the water from the taps in the USA.

Water and electrolyte powder will be supplied in the morning and at water/rest stops, more will be in the support vehicle if needed. We will have two rest stops per day. In addition to water and electrolyte powder there will also be a variety of gels, candy, cookies, fresh fruit and energy/cereal bars available.

We suggest you bring along some of your absolute favourite snacks to give you an extra boost when you find the going tough.

TRAFFIC

Traffic drives on the right in the USA. Many of the roads we cycle on were built in the 1930s, they are narrow and serpentine and cannot be driven at high speed. We are not likely to encounter much heavy traffic on the challenge.







TRANSFERRING YOUR PLACE

It may be possible to transfer your place to another person. Any transfer request must be made at least 7 days before the departure of your challenge. Costs associated with a transfer are detailed below.

- 56 days or more before challenge departure: £60.00 plus VAT.
- Within 56 days of challenge departure: £100.00 plus VAT.

Suppliers associated with the challenge may also charge additional fees (as an example an airline will often charge a name change fee).

All costs associated with a transfer must be paid in full before it can be confirmed / granted.

In addition to the costs above the person taking your place on the challenge must meet all registration formalities including completing a full registration form, medical questionnaire and if necessary get their GP's signature confirming they are physically and mentally fit enough to complete the challenge.

As you know our challenges are not your normal 'flop and drop' trips! Therefore, we reserve the right to decline a transfer request. For example, this may be because we don't feel there is sufficient enough training and preparation time before the challenge departs.

COMPLAINTS

We view complaints as an opportunity to learn and improve for the future, as well as putting things right for you.

If there is something that you perceive to be a lack of conformity during the performance of the challenge you must inform your challenge leader without undue delay. This will allow us the opportunity to remedy the situation on the ground.

If you have any form of complaint in the lead up to your challenge please contact the Customer Care team on the details below who will endeavour to put things right.

customer.care@globaladventurechallenges.com







DAY	TRANSFERS	DIFFICULTY RATING	RIDE STATS	
Day 1: Depart UK for San Francisco	Approx. 2 hour transfer from airport to our hotel.	N/A	N/A	 Upon arrival in San Francisco we will transfer to our hotel.
Day 2: Transfer to Yosemite National Park	Approx. 2 hour transfer from hotel to campsite.	N/A	N/A	 After an early breakfast we will continue the transfer to Yosemite National Park. Our camp is based in Yosemite Valley, which is divided by the Merced River and surrounded by some spectacular chunks of granite - the most famous being El Capitan at 1,000m and Half Dome at 1,444m. Once our camp is pitched, we will complete a bike fitting before enjoying an optional short bike ride in the afternoon exploring this mighty playground with views of famous Yosemite landmarks like Yosemite Falls, Half Dome and El Capitan. In the evening we will have a full briefing about our Californian challenge.
Day 3: Yosemite to Turlock Lake	Approx. 1.5 hour transfer to our start point.	Tough	Distance: Approx. 97km Total Ascent: Approx. 2,211ft Cycling time: 6 – 7 hours	 After breakfast we transfer to our start point at the edge of Yosemite. We begin riding on the quiet Route 120 West where we start with a big ascent. The road is then undulating for most of the morning. Throughout the day the scenery changes as we pass farmland and small communities. After lunch our route offers us great views over Lake McClure with beautiful pine and oak woodland in the background. We continue on a fairly flat road past agricultural land to our overnight camp.
Day 4: Turlock Lake to Lake Camanche	N/A	Tough	Distance: Approx. 113km Total Ascent: Approx. 1,289ft Cycling time: 8 hours	 Our longest day in the saddle so an early start is needed. We head west out of camp, passing Turlock Lake and over Robert Ferry's Bridge and a number of canals. Today's route is a combination of long flat straight sections with some undulations thrown in, as we pass small villages and ranches with white picket fences. After lunch we remain on quiet country lanes for the rest of the afternoon. Our ride finishes at the popular fishing lake of Camanche. Our camp is nestled among cottonwood and eucalyptus.







DAY	TRANSFERS	DIFFICULTY RATING	RIDE STATS	
Day 5: Lake Camanche to Walnut Grove to Rohnert Park	Approx. 2 hour transfer from Walnut Grove to Rohnert Park.	Challenging / Tough	Distance: Approx. 80km Total Ascent: Approx. 777ft Cycling time: 6 hours	 After breakfast, we are back on our bikes for the ride through San Joaquin Valley. Our route begins uphill and continues undulating until Clements Town with vineyards on either side. From here we pass over several waterways and the Sacramento River. The road hugs the river all the way to Walnut Grove where we will stop for an early dinner at a local vineyard and have the chance to sample some of the local wine and produce. From here we transfer to our hotel at Rohnert Park.
Day 6: Rohnert Park to Olema	Approx. 10 minute transfer to our start point.	Challenging	Distance: Approx. 64km Total Ascent: Approx. 839ft Cycling time: 5 – 6 hours	 After a good night's rest we are cycling toward the Pacific Coast. The excitement of seeing the ocean will keep us pushing on as the scenery changes around us. The first section today will be a little busy as we leave town and head towards the Californian coast. Our lunch stop is in Tomales Bay, near a local oyster farm (tasting available!). From here, the undulating coastline takes us through the quaint town of Point Reyes and all the way to Olema, our finishing point for today.
Day 7: Olema to San Francisco	N/A	Tough	Distance: Approx. 58km Total Ascent: Approx. 2,142ft Cycling time: 5 – 6 hours	 The last day of our cycling adventure! After a tough, undulating section, it's not long before we reach Bolinas Lagoon and Reserve. The road continues along the coastline until we reach Stinson Beach, where we will have a well-earned rest stop. Next are steep undulations and hairpins as we hug this beautiful rugged coastline. We have our final ascent through John Muir Woods and then excitement will mount as we get views of the iconic Golden Gate Bridge. We ride across the bridge as a team and down to our finish line at Crissy Fields (Golden Gate National Parks Conservancy). Tonight we will enjoy a special dinner to celebrate our achievements!
Day 8: Depart San Francisco	Approx. 45 minute transfer to the airport.	N/A	N/A	Depart San Francisco for our overnight flight to the UK.
Day 9: Arrive UK	N/A	N/A	N/A	• We arrive back into the UK, say our final goodbyes as a group and make our onward journey home.



Global Adventure Challenges Ltd Red Hill House, Hope Street, Chester, Cheshire CH4 8BU www.globaladventurechallenges.com – customer.care@globaladventurechallenges.com



