

# CYCLE MALLORCA

BIKE THROUGH THE TRAMUNTANA MOUNTAINS AND  
CONQUER THE WORLD FAMOUS SA CALOBRA

# KEY INFO

Duration: 5 days

Distance: 314km approx.

Challenge Grade: Tough ②

Location: Spain

# CHALLENGE HIGHLIGHTS

- Conquer the incredible Sa Calobra
- Enjoy a few laps of the Sineu Velodrome
- Explore Mallorca's spectacular coastal scenery
- Take on the famous Soller climb
- Bike through the Tramuntana mountains
- Tackle the coastal road to Andratx

## THE CHALLENGE

Join us as we take in the best of Mallorca's stunning climbs and ever-changing landscapes! We start our adventure in Palma, pausing for a few fun laps of the Sineu Velodrome before climbing into the Tramuntana mountains to take on the twists and turns of the breathtaking Sa Calobra - a classic cycle route made famous by Team Sky. The best scenery however is saved for last, as we start our final day with a ride up the road to Orient, before a fun descent to the winding roads that hug the coastline all the way to Andratx. This incredible challenge is perfect for experienced riders looking for their next challenge, or those new to cycling with a strong commitment to training, looking for a long weekend adventure!

### Day 1

#### Depart UK

We depart the UK for Palma Airport, arriving the same day. When we arrive we'll transfer to our hotel and set up our bikes, with an optional warm up ride around the local area.

### Day 2

#### Palma - Puerto Pollença

Our challenge begins with a coast to coast ride to the town of Puerto Pollença! We enjoy a fairly flat day of cycling today, weaving through farmlands before pausing for some fun laps of the Sineu Velodrome.

**Distance: Approx. 101km**  
**Elevation: 760m**

### Day 3

#### Puerto Pollença - Inca via Sa Calobra

A tough day of cycling awaits as our route quickly heads skywards and we climb to the Mirador de Femini and the Lluc monastery. This is just a warm-up before we head down the switchbacks of Sa Calobra and back out again. Mallorca's most famous cycling route, Sa Calobra is unlike many other climbs - we bike from the top down and then back up! Our first view of its famous 270° turn and the hairpins snaking across the landscape will stay with us forever. Once we're back at the top we take on the switchbacks of the famous Soller climb!

**Distance: Approx. 120km**  
**Elevation: 2,800m**

### Day 4

#### Inca - Cala Fornells via the Orient

The best scenery is saved for the grand finale, as we head straight up the road to Orient! After a fun descent we enjoy a spectacular ride along the rollercoaster road hugging the Mediterranean coastline all the way to Andratx. We'll complete our challenge with a celebratory caña on the beach!

**Distance: Approx. 93km**  
**Elevation: 1,800m**

### Day 5

#### Return to the UK

We transfer to Palma Airport for our flight back to the UK.

**Please note this is a complex itinerary and subject to change, including the timings and distances detailed.**



**TAKE IN THE BEST OF MALLORCA'S STUNNING CLIMBS AND EVER-CHANGING LANDSCAPES**



# YOUR QUESTIONS ANSWERED...

## Is this trip for me?

ABSOLUTELY! This cycle is suitable for all ages with the correct training. The minimum age for this cycle is 18 years old (those aged 14 - 17 years must be accompanied by a parent or legal guardian). The one thing everyone will have in common is a great sense of adventure and a desire to help a charity. Whether you are taking part as an individual or as a team with friends, team spirit will be flying high on the challenge.

## How fit do I need to be?

This cycle ride has been graded as Tough (2) on our challenge grading scheme, and is designed to push your boundaries – however it is achievable by anyone as long as you have fitness trained beforehand. Remember you are cycling for 7 - 8 hours a day for 3 days – the fitter you are the more you will enjoy this challenge. Cycling training tips can be found on the Global Adventure Challenges website to point you in the right direction and why not sign up for one of our training weekends - it's a great opportunity for you to meet our team and fellow participants!

Our policy is to encourage and support as many people as possible to take part in our challenges. But they may not be suitable for all people due to restriction posed by limitation in mobility, physical or cognitive disability, pregnancy or other various medical conditions. If you have any doubts regarding your suitability for your challenge please contact our office to speak to one of the team.

## What is the challenge grading scheme?

All of our challenges are graded on a scale from 1 to 3 to indicate the level of difficulty, 1 being the lowest challenge grade and 3 being the most challenging. (1 = Challenging, 2 = Tough and 3 = Extreme).

## Where will we stay?

The accommodation for this challenge is based on local hotels with en-suite washing facilities. Rooms are normally allocated on a twin-share basis.

## Do I need specialist kit?

We will supply you with a kit list of what to take once you register to take part. Apart from some cycling shorts, a cycling helmet and maybe some cycling gloves, you do not need any specialist kit. Participants can bring their own pedals, bar-ends and any other personal cycling equipment they see fit to modify the bikes supplied, although it is not compulsory.

## Do I have to carry my own luggage?

No. All luggage will be transported between accommodation by our support vehicles. You may wish to bring a small saddle bag/ bum bag and hydration pack while cycling, to carry items such as camera, sunscreen, etc.

## Food Matters...

All meals will be provided from dinner on Day 1 through to breakfast on Day 5. We cater for most dietary requirements as long as we know in advance – just fill in the appropriate section on your registration form.

## What's included?

- Return flights from London to Palma
- All accommodation and all meals, from dinner on Day 1 to breakfast on Day 5
- Drinking water and snacks for all cycling days
- Support vehicles for the cycling days
- Local bicycle hire
- Local English-speaking guides
- Global Adventure Challenges leader from the UK
- Full and comprehensive first aid kit

## What's not included?

- Tips and gratuities
- Alcoholic drinks and drinks during meals
- Personal travel insurance

## What support is there on the challenge?

There will be a strong support team with a professional Global Adventure Challenges Leader from the UK, as well as local English speaking guides and cycle mechanics. Comprehensive first aid kits will be taken.

## What happens if I get tired?

There will be regular rest stops for drinks and snacks – there is no problem if you need to take more rest stops. We will ensure that no-one is left alone – remember though, this is not a race!

## How do I go about raising the sponsorship?

Once you have signed up you will receive a fundraising pack from your chosen charity in order to make your fundraising as easy as possible. You will also receive a few tips and ideas from Global Adventure Challenges to help you on your way.

## I'm interested... What do I do now?

You can register online at [www.globaladventurechallenges.com](http://www.globaladventurechallenges.com), payment of the registration fee is due at time of booking – all payment options and costs are explained on the dates and costs information sheet. Once your registration is received Global Adventure Challenges will write to you with further information on what to expect from this awesome adventure! Your charity will also be in contact to discuss your fundraising.

# #BELIEVEYOU CAN

## REGISTER ONLINE TODAY!

[WWW.GLOBALADVENTURECHALLENGES.COM](http://WWW.GLOBALADVENTURECHALLENGES.COM)

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